# FACULTY NAME: DR. ABDUL MAJEED BHAT

1. Designation: Assistant Professor

2. Subject: Psychology

3. Area of Specialization: Child Neuropsychology

4. College: Govt Degree College, Baramulla

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### **SUMMARY**

- 1. Ph.D. in Psychology from University of Delhi.
- 2. M.Phil. in Rehabilitation Psychology from Osmania University, Hyderabad
- 3. Currently Working at: Govt Degree College, Baramulla

#### AWARDSAND ACHIEVEMENTS

- 1. Qualified National Eligibility Test for Lectureship (NET) conducted by University Grants Commission (UGC) held in June 2012.
- 2. Recipient of ICSSR Doctoral Fellowship from 07-12-2012 to 06-12-2014.

# CONFERENCES, FACULTY DEVELOPMENT PROGRAMS AND WORKSHOPS, ATTENDED

- **1.** Attended Workshop on "Assessment and psycho-diagnostics" from 31<sup>st</sup> October to 6<sup>th</sup> November, 2011, Department of Psychology, University of Kashmir.
- **2.** Attended training programme on "Statistical Package for Social Sciences (SPSS)" from 24<sup>th</sup> September to 28<sup>th</sup> September, 2012, Delhi University Computer Centre, University of Delhi.
- **3.** Attended National Workshop on "Assessment of Intellectual Disability-Issues & Challenges" held on17<sup>th</sup> November, 2012, Thakur Hari Prasad Institute of Research and Rehabilitation for the Mentally Handicapped.
- **4.** Attended National Seminar on "Aging Workforce is a resource. We can no longer afford to waste" from 1<sup>st</sup> March to 2<sup>nd</sup> March, 2013, Department of Psychology, Applied Psychology Unit, University of Delhi, South Campus.
- **5.** Attended International Seminar on "Psychology of Trauma: Women and Children in Violent Conflict" from 13<sup>th</sup> March to 14<sup>th</sup> March, 2013, Department of Psychology, University of Jamia Millia Islamia, New Delhi.
- **6.** Attended "2<sup>nd</sup> International Conference on Psychology and Allied Sciences" from 21<sup>st</sup> March to 22<sup>nd</sup> March, 2013, organised by Centre for Behavioural Research and Intervention, Guru Jamheshwar University of Science & Technology and Indian Association of Health, Research and Welfare (IAHRW), Hisar, Haryana, India

- **7.** Attended "*Publishing Connect Workshop*" on 11<sup>th</sup> September, 2013, organised by Delhi University Library System, University of Delhi and Elsevier, DLF Cyber City, Gurgaon, Haryana-122002
- **8.** Attended "National Conference on Intellectual Disability" from 7<sup>th</sup> November to 8<sup>th</sup> November, 2013, organised by National Institute for Mentally Handicapped, at VigyanBhavan, New Delhi.
- 9. Attended "3rd International Conference on Psychology & Allied Sciences" from 25<sup>th</sup> September to 27<sup>th</sup> September Jointly Organized by Amity Institute of Psychology and Allied Sciences, Amity University, Noida, & Indian Association of Health, Research and Welfare, Noida, New Delhi.
- **10.** Conducted two days training programme on "Capacity building of CBR staff and teachers on psychological and educational assessment and behaviour modification" as a resource person from 12<sup>th</sup> to 13<sup>th</sup> June 2015 at Rajasthan MahilaKalyanMandalSanstha, Ajmer.
- **11.** Attended training programme on "Psychological Assessment and Psychological Intervention for Persons with the Orthopaedic ally Handicapped" at National Institute for Orthopedically Handicapped-Kolkata.
- **12.** Attended training programme on "Psychologically assessment of persons with Visual Impairment" at National Institute for Visually Handicapped-Dehradun.
- **13.** Participated in awareness programme about disability conducted by Nizam College, Osmania University, Hyderabad.
- **14.** Participated as test administrator, in 'inPSYght-2009'the psychological Awareness and Assessment camp, organised by Centre for Health Psychology, University of Hyderabad.
- **15.** Participated as Rehabilitation Psychology trainee in *Community-Based Rehabilitation* programme at Shillong, Magalia, organised by NIMH-Secunderabad.
- **16.** Attended 10 days online workshop on "*Curriculum Design and Development*" from 15<sup>th</sup> June 2020 to 24<sup>th</sup> June 2020, organised by Central University of Punjab, Bathinda.
- **17.** Attended 4-week online orientation program for "For Faculty in Universities/Colleges/Institutes of Higher Education" from 26<sup>th</sup> June-24<sup>th</sup> July, 2020, organised by Teaching Learning Centre, Ramanujan College, University of Delhi.
- **18.** Attended 2-week online faculty development program on "*Managing Online Classes and Co-Creating MOOCS 3.0*" from 25<sup>th</sup> July-10<sup>th</sup> August, 2020, organised by Teaching Learning Centre, Ramanujan College, University of Delhi.
- **19.** Attended 2-week online Refresher Course in Educational Psychology from 04<sup>th</sup> December to 17<sup>th</sup> December 2023, organised by Utkal University, Vani Vihar, Bhubaneswar, Odisha-India.

#### RESEARCH PUBLICATIONS

- 1. **Bhat, A. M.**& Najar, S. A. (2010). Adaptive behaviour in children with mental retardation as a correlate of maternal stress. *Human Behaviour: Journal of Applied Psychology*, *5*(1), 123-133. ISSN: 0975-6582
- 2. Najar, S. A., Saini, N., **Bhat, A. M.,** & Mohapatra, B. (2012). Effectiveness of positive behavioural support in managing the self-injurious behaviour in children with mental retardation. *International journal of Education and Management Studies*, 2(4), 404-408. ISSN: 2231-5632
- 3. **Bhat, A. M.,** Najar, S. A., Dar, M. D., &Saini, N. (2013). Self-efficacy and proactive attitude among patients with diabetes. *Indian Journal of Health & Wellbeing*, 4(1), 333-338. ISSN: 2229-5356.
- 4. Najar, S. A., Dar, M. D., **Bhat, A. M.,** &Saini, N. (2013). A correlational of PTSD and different coping strategies among residents of Kashmir. *Indian Journal of Health & Wellbeing*, 4(3), 482-486. ISSN: 2229-5356.
- 5. **Bhat, M. A.,** Sharma, V., & Jena, S. P. K. (2013). Managing stress in parents of children with intellectual disabilities. *Indian Journal of Health & Wellbeing*, 4(9), 1794-1797. ISSN: 2229-5356.
- 6. **Bhat, M. A.,** Sharma, V., & Jena, S. P. K. (2014). Remediation of response inhibition deficits in intellectual disability through cognitive training: A single case study. *Indian Journal of Health & Wellbeing*, *5*(12), 1407-1413. ISSN-p-2229-5356, e-2321-3698.
- 7. **Bhat, M. A.,** Jena, S. P. K., & Sharma, V. (2015). Procedures for assessment of executive functions in children and adolescents with intellectual disabilities. *Disabilities and Impairments: An Interdisciplinary Research Journal*, 29(1), 48-62. ISSN 0970 356X.
- 8. Sharma, V., **Bhat, M. A.,** & Jena, S. P. K. (2017). Managing sleep difficulties associate with cancer: A single case analysis. *Disabilities and Impairments: An Interdisciplinary Research Journal, 31*(1), 48-62. ISSN 0970 356X.
- 9. Bhat, A. A., **Bhat, A. M.,** Sharma, H., & Ahmad, I. (2018). Impact of exposure to violent conflict on inhabitants: A systematic review. *Indian Journal of Health and Wellbeing*, *9*(8/9), 882-886. ISSN-p-2229-5356, e-2321-3698.
- 10. Bhat, A. A., Sharma, H., & **Bhat, A. M**. (2020). Adjustment Levels and Achievement Motivation in Students Exposed to Violent Conflict. *Studies in Indian Place Names*, 40(60), 4222-4235. ISSN: 2394-3114
- 11. Khan, I., Shetgovekar, S., Bhat, A. M., & Maqbool, I. (2022). Existential concerns, assumptive world, and alienation among Kashmiri youth exposed to collective violence: Do the theoretical models fit target population? Peace and Conflict: Journal of Peace Psychology, 28(4), 461.https://doi.org/10.1037/pac0000635

## **BOOK PUBLICATIONS**

# RESEARCH PROJECTS (MINOR / MAJOR PROJECTS)

## Nil

# ACADEMIC QUALIFICATIONS

Examination	Board/ University	Subjects	Year	Division/
Passed				Grade/ Merit
SSC	JKBOSE	English, Urdu, S. Science, Science, Math	2000	Second
Higher Secondary	JKBOSE	English, Education, Psychology, Statistics	2002	Second
Bachelor's Degree	University of Kashmir	English, Education, Psychology, Statistics	2005	First
Master's Degree	University of Kashmir	Psychology	2008	First
NET/SLET	UGC	Psychology	June, 2012	
Other Diploma/ Certificates etc.	University of Kashmir	B. Ed.	2011	First

## RESEARCH EXPERIENCE

Research Stage	Title of Work/Thesis	University Where The Work Was Carried Out	Year
M. Phil	A Study on maternal Stress in Mothers and Adaptive and Problem Behaviour of their Children with Mental Retardation	Osmania University, Hyderabad	2010
Ph. D.	Effects of Cognitive Training on Executive Functions in children with Intellectual Disabilities	University of Delhi	2017

# TEACHING EXPERIENCE

Courses Taught	Name of the University/ College/ Institution	Duration
U. G (B.A. Honours)	Zakir Husain Delhi College, University of Delhi	5 months

P. G (M.A/ M.Sc. etc.)	University of Kashmir, Hazratbal, Srinagar	9 months
U. G (B.A. Programme)	Govt. Degree College, Baramulla, Kashmir	From 9 <sup>th</sup> January, 2017 to 8 <sup>th</sup> March, 2018 (1year 2months)
U. G (B.A. Programme)	Govt. Degree College Uri, Kashmir	From 9 <sup>th</sup> March, 2018 till 7 <sup>th</sup> December, 2023 ( <b>5years</b> <b>10months</b> )
U. G (B.A. Programme)	Govt. Degree College Baramulla, Kashmir	From 8 <sup>th</sup> December, 2023 till date